



EXECUTIVE COACHING

The Carson Greil Group offers a highly personalized, one-on-one experience designed to enable executives to be better at what they do. Mary Jo Greil works with executives to advance their effectiveness to another level. She draws upon strategies and insights from her extensive business management experience, coaching certifications from two ICF certified coaching programs, and years of success coaching executives and business leaders.

Through a supportive relationship, the client achieves new levels of self-understanding that enables accomplishing his/her desired goals. The professional partnership developed through coaching is a unique opportunity for the client to create a neutral space free of “judgments that are limited by others’ expectations” or other role expectations. Coaching more readily encourages the client to identify and clarify strengths/challenges, explore and examine options, and make things happen in an authentic, sustainable way.

This specialized coaching provides:

- Coaching sessions (one-hour face-to-face or virtual) over 6 - 9 months
- Conversations, practices, and focused exercises
- Customized 360-degree feedback tool using appreciative inquiry (optional)
- Confidential sounding board

Typical Benefits

- Strength-based perspective that generates new possibilities
- Being more effective leading change
- Improved capability to influence others
- Increased self-awareness, focus and clarity
- Strengthened executive presence

What to expect from your coach

Integrity and a deep respect for people ... solid professional credentials – business and education ... confidential professionalism ... objectivity and perspective gleaned from rich life experiences through over twenty years of work in a diverse set of industries and organizations.

Expectations from the client

Bring an openness and willingness to enter into personal/professional development work such as clarifying one’s values and goals ... will commit to doing agreed-upon work ... will be open and honest with self and the coach ... assumes 100% responsibility for your choices and your progress.

For more information: Contact Mary Jo Greil, EdD, Carson Greil Group, 901-857-6892

